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24<sup>th</sup> May 2022

Dear Parent/Carer,

### School uniform

I am writing to let you know that from Monday 6<sup>th</sup> June, students will be returning to wearing the main school uniform. Students will change into PE kit for their PE lessons / clubs.

The decision has been taken for the following reasons.

- 1. Students changing into and out of PE kit will allow the PE faculty to teach a full curriculum of sport.** Under the existing system, which was introduced because of Covid regulations, the PE faculty have not been able to teach if students were likely to get wet / muddy, as students would then have had to spend the rest of the day in that state. The school has limited indoor spaces which can be used by the PE faculty when the weather is wet. With public exams taking place in the sports hall, gym and dance studio, allowing students to change will mean the PE lessons can almost always take place outside. Furthermore, sports at all levels can be taught, including contact sports such as rugby. There will be access to better hygiene, as students will now be able to change out of their PE kit after strenuous activity.
- 2. The PE changing rooms have been refurbished** with upgraded ventilation to make them fully fit-for-purpose. In addition to communal spaces, there are two cubicles in each of the two changing rooms so students can change in private if they wish.
- 3. Our uniform policy is about belonging to a community, being equal and taking pride in the school.** It is important to have consistency of uniform and this is best achieved when students come to school wearing the main school uniform. Prior to the pandemic, all students wore normal school uniform and changed when they had PE lessons or clubs. This was a well-established routine; students were able to manage this effectively and very little time was lost in PE lessons.

We understand that this change in routine may cause some worries among parents and students, so our Year Teams and the PE staff will work to address these anxieties and to continue to build resilience and adaptability. There is always appropriate staff supervision in and around the changing rooms.

The uniform list for main school uniform and PE kit is listed at the end of the letter.

**Please note:**

**Hoodies and sweatshirts, leather and denim jackets are not permitted in school**

**False or acrylic nails** are not permitted in school – students must ensure that any false or acrylic nails applied over half term must be removed before Monday 6<sup>th</sup> June.

Students who attend a lunch time PE club have the option of **not changing out of their PE kit** for period 3 if they wish.

Thank you for your support in this matter.

Yours sincerely

Mrs L Rudge

Assistant Headteacher

## SCHOOL UNIFORM

Item	Description
<b>Shirt/Blouse</b>	Long or short sleeve blue shirt or reverse blue blouse (to be worn open necked)
<b>Skirt</b>	Navy skirt, which must be one of 2 styles offered by Coes, Ipswich, and must not be more than 4 inches above the knee.
<b>Trousers</b>	Navy or black school trousers
<b>Jumper</b>	Navy V-neck jumper with logo (this must be worn except in the summer months)
<b>Fleece</b>	Polar fleece navy with logo [optional] – may be worn around school but not in lessons
<b>Footwear</b>	Dark/white socks or black, navy or natural tights and black shoes (not canvas trainers, slingbacks/sandals/boots or with too high a heel)
<b>Belt</b>	Black, navy or dark brown belt (optional)

### Coats:

- Denim and leather jackets should never be worn for school

### Hoodies and sweatshirts:

- Hoodies and sweatshirts are not permitted, and should not be worn on the school site. Students should bring a coat during winter month.

### Hair:

- Hair must be neat, tidy and of a style acceptable to the school. Students should avoid extremes of personal appearance; this includes hair colouring and cuts.

### Make-up:

- Make-up if worn should be very light and discreet.
- No false eyelashes.
- Tattoos, either permanent or semi-permanent, should not be visible.
- No false nails or coloured nail varnish.

### Jewellery:

- Up to two small rings
- One necklace
- A watch
- Only two small earrings/studs per ear.
- Facial piercings are not allowed; this includes tongue piercings, and any other body piercings.
- Jewellery should not be worn during PE or other practical activities.

## PE KIT

Item	
<b>*Farlingaye navy blue polo shirt</b>	Compulsory
<b>*Farlingaye rugby/games shirt, Farlingaye fleece or Farlingaye quarter zip top</b>	It is compulsory to have one of these items. The Rugby shirt is currently needed for boys' PE only, but this is being reviewed
<b>Plain navy blue games shorts or "skort"</b>	Compulsory
<b>Navy blue football socks</b>	Compulsory
<b>Plain navy blue tracksuit trousers</b>	Optional
<b>Navy blue base layer</b>	Optional
<b>PE Leggings</b>	Optional but must be purchased from Coes or decathlon. Decathlon links below.  Smaller sizes <a href="#">Decathlon smaller sizes PE leggings</a>  larger sizes <a href="#">Decathlon larger sizes PE leggings</a>
<b>Football boots</b>	Compulsory
<b>White ankle length sports socks</b>	Compulsory
<b>Trainers that are suitable for sport</b>	Compulsory
<b>Shin pads</b>	Compulsory for football and hockey
<b>Mouth guard/gum shield</b>	Strongly recommended for rugby and hockey

\* PE kit must be purchased from Coes at 20-28 Norwich Road, Ipswich (Tel: 01473 256061).

### Hoodies and sweatshirts:

- Hoodies and sweatshirts are not permitted for PE.

### Jewellery:

- Jewellery not to be worn for PE.