

Farlingaye High School Activities Week 2026

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Introduction - Please read carefully

Dates - Monday 13th, Tuesday 14th, Wednesday 15th & Thursday 16th July

This brochure provides details of the different activities on offer for Activities Week 2026. The activities cover a wide variety of interests and prices (some with minimal or no cost). Students can either take part in one 4 day activity OR two 2 day activities.

There will also be a mixture of activities in school available. These will include some sporting and craft activities; you may be able to watch a film for some of the time or staff may arrange other activities such games, reading or a local walk etc.

This is a fantastic opportunity, and every student is expected to get involved. Note that all activities are subject to availability and are therefore subject to change.

Students will be given access to an online form in order to make their choices. **They MUST discuss this with their parents / carers before completing the form.**

There are instructions for the students on the next page of this booklet.

Due to funding guidelines, we can help financially with academic enrichment opportunities throughout the year, but Activities Weeks trips are not eligible for Pupil Premium funding.

No money is required at this stage, final prices to be confirmed based on the number of students participating. Students will be asked to make a first, second and third choice of activity and we will make every effort to allocate students to their chosen activities.

The deadline for choices will be **Thursday 26th March** This is before the Easter holidays.

Once the activities have been allocated, students and parents will be informed. We will then put the activities onto Parent Pay and parents / carers will be asked to make payments as required. Please be aware that final prices may change based on the number of students participating in each activity. We will require confirmation through payment of these choices promptly. This will allow staff to confirm bookings. If confirmation is not received by this date, then we may offer the place to another student.

Final payment for all activities will need to be paid in before **Monday, 8th June 2026**, however some activities may require payment earlier than this. If payment is not received by the deadline, we will assume that your child no longer wishes to participate in their chosen activity, and they will likely be removed from the activity.

Payment is non-refundable as tickets and transport need to be arranged well in advance of Activities Week. Please note that once activities have been confirmed they cannot be changed.

Behaviour Requirements

Parents should be aware that participation in Activities Week is dependent upon good behaviour throughout the school year. This includes both during the day and on the way to and from school. Students who misbehave may not be able to participate in Activities Week but will be in school completing tasks set by staff.

If you have any questions about Activities Week, please do not hesitate to contact me at the school.

Mr J Brooks, Assistant Headteacher

How to Choose your Activities for Activities Week 2026

1. Read through the whole booklet.
2. Points to consider when choosing
 - a. Try to do something that you haven't ever done before, activities week is a great way to try out new things.
 - b. While it is good to be with friends, choose things that **you** want to do, even if your friends choose other activities. You might meet new people and have a great time.
 - c. You **MUST** discuss your choices with your parents / carers. They will be asked to confirm your choice, and it must be affordable.
3. If you want to be with friends, then chose a unique group name. You will be asked for this on the form then we will try to put people with the same group name together as far as possible. The name must be appropriate (no rude words etc.) any inappropriate names will be deleted, and you may not end up with your friends.

When you are ready, click on this link or QR code - [Activities Week 2026 – Fill in form](#)

4. and complete the online form.
5. All forms must be submitted by **Thursday 26th March**.
6. When all forms are complete, we will allocate places as fairly as possible and let you know what activities you have been assigned.
7. Forms submitted after the deadline will be less likely to get their initial choice of activities.
8. Please choose 3 **different** activities/choices of things you would like to do so you are not disappointed! You will be assigned two (one if you choose a 4 day activity).
9. Have a great time!



Adrenaline Overdrive

Spend a day at Pleasurewood Hills, daring to face all the hair-raising rides on offer!

Then spend another day at Combat Paintball, where there will be non-stop action, diving for cover, hiding behind barricades, dashing across open spaces, working in a team, staying sharp, having fun and ultimately avoiding being splattered with a paintball!

For Pleasurewood Hills, Students **MUST** wear their school PE tops, this is a request by Pleasurewood Hills.

2 days **Mon & Tues only**

£60.50

Miss E Colton

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Animation

Ever fancied making an animated film? Now is your chance to give it a go! An opportunity to be creative and try out different animation techniques such as traditional drawn animation, clay models, Lego figures or perhaps computer animation. You will have 2 days to try it out and make your own short films, as well as watch some classic animation to see how the professionals do it. You will need patience and a willingness to experiment, be creative and have fun!

2 days **Mon & Tues or Wed & Thurs**

£2

Mr M Austin

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Beyond the Selfie – Real Photography Skills

Ready to level up your photography game? This four day workshop is all about mixing old-school vibes with modern creativity.

You'll get behind the camera for awesome photoshoots, learn pro editing tricks, and even dive into the magic of the traditional darkroom.

Plus, you'll design your own handmade photo book to show off your best shots! Each person gets a sketchbook to plan ideas, four glossy prints of your final masterpieces, and the chance to explore photography like never before. Whether you're into film, filters, or just love creating cool visuals, this is your space to snap, edit, and make something epic. Students must have access to a phone, cameras will be available.



ALL 4 days

£32

Mrs L Girling

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Board Game Bliss

Come and play your favourite board games, discover lots of new ones and have fun with friends, and make new ones, in a relaxed and fun environment. New games being bought this year and even more fun to be had!



2 days

Mon & Tues or Wed & Thurs

£5

Mr P Macdonald

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Bollywood Spice

Do you love cooking? We have a mix of cooking and cultural based activities for two days, including making naan bread as well as creating henna tattoos.

2 days

Mon & Tues or Wed & Thurs

£22

Mrs T Butcher

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Bounce & Bowl

Come and join us on our exciting two day activity!!

Day one - Perfecting your bowling skills at Ten Pin Bowling in Colchester combined with a trampolining session at Air Hop (formerly Jump Street). You will also be able to explore the nearby Castle Park (time permitting).

Day two - will be enjoying all the delights, rides and fun at Pleasurewood Hills. On this day, students MUST wear their School PE tops, this is a request by Pleasurewood Hills.

2 days

Mon & Tues or Wed & Thurs

£44.50

Mr S Lucking/Mr C Moran

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Canva Creators

Learn new Canva skills and creative tricks to design real, usable content - the kind made by creators, businesses and brands! You'll explore advanced Canva tools to create, social media graphics and posts, printable designs such as posters, flyers or certificates, custom product designs for hoodies, t-shirts, phone cases, or stickers, digital products like planners, menus or templates, editing short videos for social media, adding text, music, transitions and effects. You will be designing content that will be ready to share, download or print. You choose what you design and why - for a business idea, a hobby, social media, a club, event or a personal project. Enjoy a laid back 2 days of being creative!

2 days

Mon & Tues or Wed & Thurs

Free

Mrs C Hilton

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Carp Fever

Two days fishing on Wednesday 16th and Thursday 17th July at Suffolk Water Park Match Lake One.

This is only for experienced carp anglers. No beginners.

Must have own specialist equipment including appropriate unhooking mats/cradles, landing nets etc.

Must speak to Mr Steed before choosing this activity to assess suitability to avoid disappointment (please be aware this is for fish welfare and compliance with being able to use the venue).

Students must be transported to and from Suffolk Water Park.

2 days

Wed & Thurs only

£16.50

Mr A Steed

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Decopatch, Book & Card Making

If you like making things and learning new crafting skills – this is the activity for you. Try decopatch, making books and making and decorating cards, whilst listening to music and chatting to your friends in a relaxed atmosphere. Snacks and drinks at break are included.

2 days

Mon & Tues or Wed & Thurs

£12

Mrs S Green/ Mrs A Andrades

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Drama Workshop (Musical Mayhem!)

Step into the spotlight with Musical Mayhem! 🎭 ✨

During this high-energy activities week experience, you'll dive into 2 days of iconic West End musicals by workshopping acting scenes and dance numbers.

Explore choreography, movement, and storytelling from the director's point of view.

Expect creativity, collaboration, and controlled chaos as you experiment, make bold choices, and bring big musical moments to life!

No experience needed, just enthusiasm. If you love theatre, dance, or just want to try something totally different, this is your cue to join the mayhem!



2 days **Mon & Tues or Wed & Thurs**

Mrs P Parks/Mrs S Hajiloizou

Free

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East Coast Adventures

East Coast Adventures is an outdoor adventure company with a team of fully qualified outdoor instructors offering a wide range of activities over the course of this two day activity including a selection of the following: Archery, Archery Tag, Axe Throwing, Bushcraft, Stand Up Paddle Boarding (SUP), Kayaking, Mountain Biking.

Energy, a sense of adventure and a love of the outdoors is essential for this activity.

To keep the cost down, you will meet and be collected from Sutton Hoo. If anyone has problems with transport, please let me know.

2 days **Mon & Tues or Wed & Thurs**

Mr C Stuart

£85

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Escape Room

Challenge your wits, teamwork and logic, as you race against the clock to solve puzzles, crack codes and unlock mysteries in this Escape Room experience. Can you escape before the time runs out? Are you genius enough to create your own escape room experience? Put your creative skills to use and make your own escape room clues. Who can solve the mystery?



2 days

Mon & Tues only

£5

Mrs L Sharpe

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Escaping Suffolk

Four fun packed days with Mrs Mason!

Day one is in Woodbridge doing team activities and crafts with Just 42. Lunch of pizza provided.

Day two will be at the beach in Felixstowe, where we will visit the arcades (bring money!) and enjoy the local town. You will need to bring or buy lunch but ice cream will be provided!



Day three will be in Bury St Edmunds, a chance to look around the shops and visit the market. You will need to bring or buy your own lunch.

Day four will be escaping Suffolk! and heading to Westfield Shopping Centre near London where you can shop til you drop. Again you will need to bring or buy your own lunch. All transport will be provided.

ALL 4 days

£75

Mrs S Mason

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Field Sports Fun

Two days in the great outdoors.

Fishing at Manor Farm Lakes Swilland on Monday 13th July. No equipment provided. You must be competent enough to set up, cast, land and unhook fish safely and independently. Students must arrange transport for themselves to and from the venue on Monday.



On Tuesday 14th July you will go to High Lodge, Darsham where you will spend the morning doing archery and the afternoon air gunning. All equipment and professional tuition included. On Tuesday you will meet at school and travel to High Lodge in the school minibus.

2 days

Mon & Tues only

£64.00

Mr A Steed

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Fun on the Farm

Come and enjoy 'Fun on the Farm' at the beautiful Easton Farm Park. Over the two days you will have lots of opportunities to interact, feed and learn about animals and how to care for them. There will also be two cooking opportunities as well as den building, cow milking and training on how to look after Suffolk horses. Of course, no farm visit is complete without a tractor experience...jump on!



2 days

Mon & Tues only

£45

Mrs S Deverson-Dean

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Go Wild

Explore the stunning scenery of the Suffolk Heritage Coast on a two day wildlife safari. Improve your natural history skills as you spot Marsh Harriers soaring the reed beds of Minsmere, butterflies flitting between summer flowers, migrant birds feeding their young and skylarks serenading from high above. Brilliant for anyone with an interest in nature.



2 days

Mon & Tues or Wed & Thurs

£35

Dr T Harrison

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Golf Experience

Learn to play and practise golf. This activity caters for all levels from those who have never picked up a club to the next Tiger Woods! Enjoy two days of working on putting, chipping, woods, irons, getting out on the driving range as well as out on the course! This will be at the Ufford Park Golf Course in Ufford. The cost covers all golfing activities and also a lunch both days. Students will need to make their own way to and from Ufford Park.



2 days

Mon & Tues or Wed & Thurs

£42

Mr J Brooks

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Horse Riding

Horse riding but with a difference. You will experience Carriage Driving, Veterinary, Horse Welfare, Jumping, Stable Management, Side saddle, Gym-khana and much more.



The days start at 9am and finish at 3.30pm each day at Valley Farm.

Due to the varying activities included on these days, Valley Farm has requested a weight limit of 10 stone/63kgs. This is for the welfare of the horses and staff.

Please arrange your own transport to and from Valley Farm. Bring a packed lunch, drink and sun cream. You may also like to bring money for snacks/drinks.

2 days OR ALL 4 days

£122.50 for 2 days

Mrs L Crofton

Mon & Tues or Wed & Thurs or all 4 days

£245 for 4 days

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Kart and Ride (Years 7,8 and 9)

Race into an unforgettable adventure! Join fellow students for one day at an action-packed go-karting experience and another day experiencing all the rides and thrills at Pleasurewood Hills.



At Red Lodge Karting, you'll test your speed, challenge your friends, and feel the thrill of real racing. No experience needed — just bring your competitive spirit and get ready for high-speed fun, laughs, and bragging rights. All clothing and safety instructions will be provided by the karting venue. **Please note the day go karting, will be an early departure from the school.**

For Pleasurewood Hills, this will be within the school day - here, students **MUST** wear their school PE tops, this is a request by Pleasurewood Hills.

2 days **Mon & Tues (Years 7 & 8) Wed & Thurs (Year 9)** **£74**

Mr E Phillips

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Kart and Ride (Year 10)

Race into an unforgettable adventure! Join fellow Year 10 students for one day at an action-packed go-karting experience and another day experiencing all the rides and thrills at Pleasurewood Hills.



At Lakeside Karting (with bigger, faster karts, for Year 10 only) Here you'll test your speed, challenge your friends, and feel the thrill of real racing. No experience needed — just bring your competitive spirit and get ready for high-speed fun, laughs, and bragging rights. All clothing and safety instructions will be provided by the karting venue. **Please note the day go karting, will be an early departure from the school.**

For Pleasurewood Hills, this will be within the school day - here, students **MUST** wear their school PE tops, this is a request by Pleasurewood Hills.

2 days **Wed & Thurs Only** **£93**

Mr E Phillips

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Magic at the Musicals

An activity for all musicals fans!

On Wednesday 15th July we will be leaving school early (approx. 7.30am) to travel to London by coach. On arrival there will be some time for shopping and lunch in Covent Garden. We will then head to the Cambridge Theatre for a matinee performance of Matilda. After the show, we will return to school with an estimated arrival of 8pm.

Please note that students will be given free time to shop in Covent Garden without staff members. Staff will remain in a central place and will be contactable throughout.

On Thursday 16th July we will be in school watching a variety of musical films.

2 days

Wed & Thurs Only

£52

Mrs B Lucas

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Pamper & Shop

A wonderful 2-day activity that offers an opportunity to relax and learn how to look after yourself. On one day we will travel by train to Norwich for some retail therapy and the other day will be in school being treated and pampered by professionals which could include beauticians, hairdressers, nail artists, an Indian head masseur and a reflexologist!

2 days

Mon & Tues or Wed & Thurs

£70

Miss H Enright

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Photo Frenzy

We will spend two days taking photos and editing them. On day one, we will walk into Woodbridge and on day two we take photos around the school. In the afternoons, we edit our photos and print out the best ones for a daily competition. Along the way there will be prizes, treats and ice creams.



2 days

Mon & Tues or Wed & Thurs

£7

Mrs L Rudge

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Pick & Mix – in school activities

This activity gives you the opportunity to take part in a variety of activities over two days. You will be able to choose from a range of sporting and craft options and there will also be films shown.



Possible activities include football, cricket, basketball, netball, tennis, badminton, table tennis, use of the fitness studio (staffing permitting). We will also explore other possibilities during the week depending on staffing and what you may like to do.

2 days

Mon & Tues or Wed & Thurs

Free

Mr T Sperling

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Pokémon Let's Go!

Join this activity to test your Pokémon skills, trade with other players and explore in search of the best Pokémon to add to your Pokédex!

Day One – A Pokémon TCG tournament with prizes for the top players and all participants. (With advice, top tips and tricks for new players) A trade centre with the opportunity to swap cards and build the ultimate binder. Lots of other Pokémon activities included as well!

Day Two – An exciting day of exploring and hunting the best Pokémon in Woodbridge, we will set off in the morning and discover, raid, and catch until the afternoon, with an added stop at Aardvarks and Dragons!

2 days

Weds & Thurs

£3

Mr B Collins

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Robot Inventor

Work as part of a small team or in pairs to design and build a variety of robots to complete missions. This will be fun couple of days learning how to build the robots and programming them to shoot missiles, play ball, drive around and more!

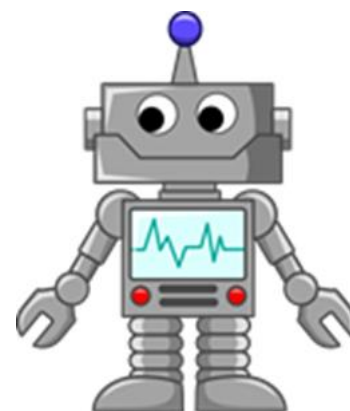
2 days

Mon & Tues or Wed & Thurs

Free

Mr M Smith

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Scoubidou & Diamond Pictures

Join the Fun: Scoubidou and Diamond Picture Extravaganza! Ready to unleash your creativity? Join us for an exciting activities week with our Scoubidou and Diamond Pictures sessions! Whether you're an art enthusiast or just looking for some fun, this activity is perfect for you. Dive into the colourful world of Scoubidou! Learn how to braid and knot vibrant strings to create unique keychains, helicopters, bracelets, and more! It's a fantastic way to enhance your hand-eye coordination and craft beautiful, personalized items. Experience the sparkle of Diamond Art! Use tiny, gem-like beads to create dazzling pictures that shine. Choose from a variety of designs and watch your masterpiece come to life, bead by bead. This activity is both relaxing and rewarding. Take Home Your Masterpiece: Leave with your own handmade creations and a sense of accomplishment. Don't miss this opportunity to explore new skills and create something amazing.



2 day

Mon & Tues or Wed & Thurs

£6

Miss V Sobczak/Miss M Baban

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Scrapheap Challenge

Scrapheap challenge is a 2-day activity.

On day one you will be given 'vouchers' that will enable you to buy materials from the shop. You will use these, either individually or as part of a team, to make an electric motor-powered boat. At the end of the first day we will test the boats; prizes and certificates will be presented for the best boats.

Day two will run a similar way but you will make a car.

2 days **Mon & Tues or Wed & Thurs**

Mr J Harker/ Mr D Williams



£8

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Swallows & Amazons

Two days of fun at the beach! Boating at Thorpeness following by an ice-cream at the café. A walk along the beach for fish & chips at Aldeburgh and then some free time exploring the town. Day two, you will go crabbing at Walberswick (with prizes) in the morning and then a trip to the historical town of Southwold in the afternoon where you will have free time to look around the shops.

2 days **Mon & Tues Only**

Mrs L Crookall



£45

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Sweetly Does It

Join us for 'Sweetly Does It' where you will be able to enjoy crafting and baking activities. You'll be able to paint a ceramic item of your choice at a local pottery cafe (with cake and a drink included); get creative with tie-dye to design your own t-shirt and bake savoury rolls at school. The afternoon of the second day will be a delicious afternoon tea at a local garden centre in Woodbridge.

2 days **Mon & Tues or Wed & Thurs**

Mrs H Gray/ Mrs R Morden



£59

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The Only Day is Essex

Come and join us for two days south of the (Suffolk) border for two days of activities and excitement!

Day one will be spent at Chelmsford, the morning will involve swimming, and then the afternoon will be spent ice skating.

Day two will be spent down by the Thames, spending the morning at Lakeside where you will have free time to spend in the shops, and the afternoon will be spent at the Flipout inflatable bouncy obstacle course centre. Join us for a variety of great energy burning activities, all in two days!

2 days **Mon & Tues or Wed & Thurs**



£49

Mr J Branch

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Thrills & Spills

Come and join us for two action packed days of adventure.

One will be spent at Go Ape in Chelmsford, experiencing tree top challenges, navigating high ropes, crossing wobbly bridges and ending with a zip wire finale. There will also be team games to challenge your tactical ability.

The other will be a fun packed day at Pleasurewood Hills!

For Pleasurewood Hills. Students **MUST** wear their School PE tops, this is a request by Pleasurewood Hills.

2 days **Wed & Thurs Only**

Miss E Colton

£56

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Warhammer

Come and join the Warhammer activity. Fight deadly battles against your foes and emerge victorious! Suitable for sci-fi and fantasy Warhammer gamers. Paint and build models. Lots of terrain and accessories available to use. All welcome whatever your experience level. You can bring you own figures and paints and there are also some resources available in school.

2 days **Mon & Tues or Wed & Thurs**

Mr T Read



£5

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Who Dares Wins

Day 1 will be spent at Duxford Imperial War Museum. There will be a self-guided tour of a working airfield including Land, Sea and Aircraft and much more. Opportunities to see rare aircraft and learn about incredible war time stories.



Day 2 will be spent model building plus films & games in Technology - spend a relaxing day making & painting a model of your own or playing a war themed game with the backdrop of wartime movies.

2 days **Mon & Tues or Wed & Thurs**

£25

Mr B Hawtin

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Writers Craft

Two days of serene creative writing and learning news crafts. Your chance to sit back, relax and write anything that comes to you. Alongside your creative writing, take the opportunity to try something new... calligraphy, book art, scrapbooking, origami... a relaxing end to a busy school year!



2 days

Wed & Thurs Only

£12

Miss C Thraves

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Zoo & Climb

Day one will be at Clip and Climb, half the day will be spent climbing the wonderful array of climbing walls and the other will be doing team building activities.



Day two will be spent at Colchester Zoo, seeing all the amazing animals and enjoying time with your friends.

2 days **Mon & Tues Only**

£52

Mrs C Thraves

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