

06/02/2026

Dear Parent/Carer,

RE: Safer Internet Day 2026 – Tuesday 10th February 2026.

Dear Parents and Carers,

On Safer Internet Day 2026 Farlingaye High School will be joining thousands of schools across the UK in promoting the importance of staying safe, respectful and responsible online.

The digital world plays a central role in our pupils' education, friendships and wellbeing. While the internet offers many positive opportunities, it also presents risks such as online bullying, inappropriate content, misinformation, scams and the growing influence of artificial intelligence (AI). Safer Internet Day provides us with an important opportunity to talk openly with our pupils about these challenges and how to navigate them confidently.

As part of our Safer Internet Day activities, pupils will take part in dedicated form time sessions focused on exploring the role of AI in their online lives. These sessions will encourage discussion and reflection around:

- What AI is and where pupils may already be encountering it online
- The benefits and limitations of AI tools
- Risks linked to AI, including misinformation, deepfakes, privacy concerns and over-reliance on technology
- How to use AI tools responsibly and ethically, particularly in relation to learning and homework

In addition, during the week commencing Monday 2nd February 2026, all pupils in Years 7–11 attended age-appropriate assemblies delivered by Suffolk Constabulary. These assemblies focused on:

- The legal and personal risks associated with making, taking and sharing indecent images and the Safeguarding duty of the school
- How digital actions can have long-lasting impacts
- Where pupils can seek help and support if they feel pressured or worried about online behaviour

We strongly encourage you to continue these conversations at home and monitor your child's online behaviour. Talking openly with your child about their online experiences, including the use of AI tools

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and image-sharing, and reminding them that they can approach you or another trusted adult if something online feels wrong can make a real difference.

Useful advice and resources for parents and carers are available online from the following organisations:

- Internet Matters
- Childnet
- NSPCC Online Safety

More information about Safer Internet Day and tips for Parents and Carers can be found on the following link [Safer Internet Day 2026 – UK Safer Internet Centre.](#)

Thank you for your continued support in helping our pupils develop the skills they need to stay safe, informed and responsible online.

If you would like to discuss any of the points mentioned in this letter, please do get in contact with me directly – chankers@farlingaye.suffolk.sch.uk

Yours sincerely,



Miss C Hankers

Safeguarding Manager and Online Safety Lead.