

21<sup>st</sup> January 2026

Dear Parent/Carer of \$Forename\$ \$Surname\$

I am writing to inform you that our Year 9 students will shortly be attending an everyday first aid and awareness session with First Aid Ipswich. This will take place in the weeks commencing the 9<sup>th</sup> and 25<sup>th</sup> February 2026 during one of their Humanities lessons.

There will be an additional session for any students that are absent.

The session will cover basic first aid skills including how to stop someone choking, CPR and the use of a defibrillator.

Each student will be issued with a certificate once the session is complete  
If you have any further questions or concerns, please feel free to contact me.

Kind regards,

**Mrs F Watson**  
PSHE Coordinator