

20/09/2023

Dear Parent/Carer,

RE: Safeguarding updates September 2023.

I hope you all have had a wonderful and relaxing Summer.

Now that term has resumed and all students are accessing lessons on site, I feel it is important that I share with you our first safeguarding update of the academic year.

For those Parents and Carers whose young people are new to Farlingaye our Safeguarding Team includes:

Mrs Gilmour – Deputy Headteacher and Designated Safeguarding Lead
LGilmour@farlingaye.suffolk.sch.uk

Mrs Stuart – Director of Sixth Form and Alternate Designated Safeguarding Lead
VStuart@farlingaye.suffolk.sch.uk

Miss Hankers – Safeguarding Manager, Alternate Designated Safeguarding Lead and Online Safety Lead
CHankers@farlingaye.suffolk.sch.uk

Mrs Newell – Safeguarding Practitioner and Alternate Designated Safeguarding Lead
DNewell@farlingaye.suffolk.sch.uk

General information about safeguarding at Farlingaye, the role of team and important safeguarding updates can be found on the Safeguarding page on the Farlingaye website.

For now I would like to raise awareness of the following pieces of safeguarding information and support available to all Parents and carers:

Psychology in Schools Parent / Carer workshops:

Attached is information from the Psychology in schools team and their events and workshops for his term. These free virtual workshops via Zoom are designed to provide up to date advice and guidance on how parents and carers can support the young people in their life. The workshops are 60 minutes long. Topics include:

- Supporting young people with anxiety
- Supporting your child to regulate their emotions
- Supporting young people with self harm

Please click on the links within the attachment to book on to one of the courses.

Prevent Action Week: 18th – 24th September 2023:

During a targeted week of action taking place from the 18 of September, the Community Safety Team at Suffolk County Council, alongside a range of partners within Suffolk, will be raising

awareness of extremism and radicalisation - Parents and family members are best placed to notice any small changes taking place in their young people.

Prevent is part of the government's counter-terrorism strategy. The purpose of Prevent is to safeguard and support vulnerable people to stop them from becoming terrorists or supporting terrorism. With the growth of the internet, social media, gaming platforms, and chat platforms, extremist individuals and groups have taken up this opportunity to radicalise and recruit young people. It's important that you are aware of your child's online activity and digital footprint, and that you can support them in developing critical thinking skills that will allow them to build up their resilience to radicalisation and extremist content.

For more information and guidance around Prevent please see attached the Education Against Hate guidance - [Prevent and Countering Extremism in Young People - Advice and Guidance for Parents and Carers](#)

Monitoring and filtering:

Linked to Prevent Action Week I wanted to raise awareness around the importance of effective monitoring and filtering when it comes to our young people accessing the online world. When your young person accesses the internet through a school laptop or Ipad there is monitoring in place, when a pupil types in or searches something of concern our Safeguarding procedures will be followed.

For Parents and Carers there are a number monitoring apps or programmes that you can access and download to allow you to see what your young people are doing online on their home and personal devices – including gaming devices. Knowing what your young people are accessing can help you set digital boundaries. We would recommend that there is monitoring in place on all devices where the young person can connect to the Internet. Internet matters have produced a guide to monitoring apps, which advises on the following:

- What do monitoring apps offer families?
- What to consider when choosing monitoring apps?
- What are the top monitoring apps available?
- How can I make sure it's the best option for me and my child?

[Internet Matters – Parents and Carers guide to choosing monitoring apps.](#)

If you have any questions following this update or anything else you would like to discuss regarding Safeguarding, please do not hesitate to get in contact with a member of the Safeguarding team.

Yours sincerely,



Miss C Hankers
Safeguarding Manager